



The Kensington Redondo Beach Fall Event Series

— Residents, families, friends and neighbors are welcome —

Please join us throughout the fall for events designed to bring seniors and guests from the community together.

Learn smart ways to preserve health and stay safe.

Meet others for support and advice. Share moments and make memories.

A brief Q&A follows our speaker presentations. Refreshments and snacks will be provided.

All events will be held at The Kensington Redondo Beach.

Admission is free.

For more details, call (424) 241-2064

To RSVP, email us at conciergerb@kensingtonsl.com or at the **EVENTS tab online at theKensingtonRedondoBeach.com**



Living a Brain Healthy Lifestyle

Thursday, September 26, 2019

6:00-7:00pm

Monica Moore, MSG

Community Health Program Manager, Mary S. Easton Center for Alzheimer's Disease Research at UCLA



Champagne Sunday Brunch

Sundays, September 29 & October 27, 2019

11:00am-2:00pm

A "Taste of Kensington Redondo Beach"—a delightful brunch open house, featuring togetherness and delicious menu selections prepared by our Executive Chef



A Purple Evening with Maria Shriver

Thursday, October 10, 2019

6:00-8:00pm

A conversation with Maria Shriver and renowned neuroscientists to learn how to protect the health of your brain, benefiting The Women's Alzheimer's Movement



DMV, Driving & Dementia: What You Need to Know

Thursday, October 17, 2019

6:00-7:00pm

Lisa Bricker, PCC

Professional Certified Life Coach, DMV Ombudsman



THE KENSINGTON

An Assisted Living Community

REDONDO BEACH



(424) 241-2064 | 801 S Pacific Coast Highway, Redondo Beach, CA 90277 | www.TheKensingtonRedondoBeach.com

ASSISTED LIVING & MEMORY CARE