



RSVP
on our
website for
April's
Caregiver
Connect!

Caregiver Connect

A Monthly Gathering for Caregivers • *Now Online!*

At the Kensington, we understand that caregiving for someone with dementia is a demanding responsibility. We also believe it is one you should not undertake alone. That is why we strive to preserve your well-being by helping you stay positive, manage fatigue and make the most of moments as your loved one's memory changes. Join us every fourth Wednesday of each month to share time connecting with other caregivers and discussing common challenges. We welcome anyone caring for a loved with dementia to join us, especially first-timers!

This month, Mary Winners, a recognized speaker and expert witness regarding elder services, leads our Caregiver Connect program. Mary has over 20 years of experience in health care, and she created About Senior Solutions as a response to serve others faced with dilemmas related to aging.

The Ins and Outs of Dementia

Wednesday, April 29, 2020 from 11:00am - 12:30pm

A look at what is normal forgetfulness and what is not. This presentation identifies some of the early warning signs for dementia, common dementias, and includes dementias that can be reversible. Finally, what does the latest research reveal that will help us delay or keep dementia away all together?

RSVP Online:

www.TheKensingtonRedondoBeach.com/events



THE KENSINGTON
An Assisted Living Community

REDONDO BEACH

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